

DID YOU KNOW

plastic bottles

ARE BAD FOR YOU:

- # There is little regulation. The Natural Resources Defense Council found contamination in the water in a third of the plastic bottles they tested. Tap water is safer.
- # Bottled water may contain hormone-disrupting chemicals. Even small amounts can be dangerous, and the longer water sits in a bottle, the more cancer-causing antimony and other chemicals are released.
- # Bottled water costs about 2,000 times more than tap water.

ARE BAD FOR THE ENVIRONMENT:

- # Only 23% of plastic bottles get recycled.
- # Plastic is with us forever. It only breaks into smaller pieces which are filling our oceans where birds and fish ingest them.
- # Producing bottles uses more than 17 million barrels of oil annually. The amount of oil needed to produce one bottle would fill it a quarter full.
- # It takes three times the amount of water to produce the bottle than is contained inside.

THANKS FOR READING.